



# Thunderbird Girls Soccer Camp!



The Las Plumas High School Girls Soccer Program is hosting a girls soccer camp this summer. The goal of the camp is to encourage the love of the game of soccer as well as to develop age appropriate skills.

Younger ages—we want to build their confidence by covering basic dribbling, ball skills, and coordination through mini games and competitions. We will also develop key passing and shooting skills.

Older ages—we will cover more advanced ball skills and moves as well as introduce some tactical aspects of the game mixed with more advanced passing and shooting.

**Ages: Girls going into 2<sup>nd</sup> through 9<sup>th</sup> grade**

**Dates: June 19<sup>th</sup> thru June 23<sup>rd</sup> (Monday thru Friday)**

**Times: 9am to 12pm**

**How much: \$45**

**Where: Las Plumas High School Soccer Fields**

**What to bring and wear:**

**Cleats and Shin guards**

**Sunscreen**

**Water Bottle - with name marked on it.**

**Soccer ball – with name marked on it, appropriate size**

**2<sup>nd</sup> – 6<sup>th</sup> grade size 4**

**7<sup>th</sup> – 9<sup>th</sup> grade size 5**

Camp staff will be coaches from the LP Varsity Girls Soccer Program and players from the 2016/17 girls varsity team. This will be a great experience for young players to work with older high school aged female athletes. Each participant will receive a camp T-shirt. The cost of the camp is \$45. Pre-register by filling out and sending in the registration form on the back of this flyer with a check sent to the address below. You can register at the field as well. Download a copy of the flyer and registration form at the Las Plumas web site - <http://lphs.ouhisd.schoolfusion.us/> .

**Attn. Coach Dave Gnesda  
2380 Las Plumas Ave.  
Oroville, CA 95966**



If you have any questions you can call  
or email Coach Dave Gnesda  
228-2256 dgresda@ouhsd.org



## Thunderbird Girls Soccer Camp Registration

Cost: \$45 – Payable to Las Plumas Girls Soccer  
Return to: David Gnesda  
Las Plumas High School  
2380 Las Plumas Avenue  
Oroville CA, 95966

**Free  
Camp T-shirt**

Name \_\_\_\_\_

Shirts Size (if pre-registered\*) :

Grade for 2017/2018 \_\_\_\_\_

Youth: Med\_\_\_ Lg\_\_\_

Address \_\_\_\_\_

Adult: Sm\_\_\_ Med\_\_\_

City \_\_\_\_\_

Zip Code \_\_\_\_\_

\*Those that register at the field  
will be given the best size  
available

Phone # \_\_\_\_\_

Any special medical conditions \_\_\_\_\_

I hereby authorize the directors of the Las Plumas Thunderbird Girls Soccer Camp to act for me according to their best judgment in any emergency requiring medical attention.

Parent/Guardian Signature \_\_\_\_\_

By my signature here I attest that I have read this statement and waive any and all claims and release the school, school district, camp, coaches or director from any and all injuries I may suffer as a result of participation in the Las Plumas Thunderbird Soccer Camp; and travel to and from said event. I further attest that I will take responsibility to ensure that I am physically fit to participate in said event.

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_